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Copy date for November issue is Sunday 22nd October if using church pigeon hole or Wednesday 25th if emailing.

Please send to st.paulslifemagazine@gmail.com

Date	Flower Deliveries	Crèche Rota	Vestibule Rota
1st Oct	M. McLean A. McLeod	Berry Sillars	Team 1 C. Cooper (C)
8th Oct	J. Ford C. Tanner	Tracey Chapman	Team 6 G. Blackadder
15th Oct	C. McKinnon S. Stenhouse	MacAllister Richell	Team 7 M. Kennedy
22nd Oct	P. Barlow S. Robertson	J. Wallis Wilson	Team 8 L. Johnston
29th Oct	S. Anderson	S. Wallis Goodlet	Team 9 I. MacKinnon

Life at St. Paul's Milngavie October 2017



Dear Friends,

First it was the roof, now it is the wiring. By the end of it all St Paul's Manse will have undergone an extensive makeover. As expected there has been some disruption to peace and routine but the lads on both jobs have been a pleasure to have around, and as always our Fabric Convenor, Graham Getty has been his immensely supportive self.

It is the same with any property, subject to wear and tear, an eye has to be kept on it, and action taken when necessary.

In the Bible, the people of God are often compared to a building with two vital characteristics. First of all, it has the best of foundations. The Apostle Paul speaks of the 'household' of God being built on 'the foundation of the apostles and prophets'. (Ephesians 2: 19-22). For us this is the teaching contained in the written Word of God. Jesus Himself spoke of His teaching and the practice of it as the foundation of any disciple's life. (Matthew 7: 24-29)

The second vital characteristic is that the Church is a work in progress. When I was Moderator of the Presbytery, Kilbowie: St. Andrew's Parish Church had an anniversary service which I was asked to attend. I was presented with a print of the Church as it was when it was being built and therefore incomplete. I remember thinking that this was the best way to think of the Church in general, never complete this side of eternity, always being built. Often it might seem to us that the fabric is not holding together very well but we are overseen by a Builder who refers to us as 'My Church' and He is totally committed to keeping us strong. So much so that He gave His life for our very existence as a people. Then confidently we can pray:

'Build your Church Lord,
Make us strong, Lord,
Join our hearts, Lord, through your Son;
Make us one, Lord, in your body,
In the Kingdom of Your Son.'

Wishing all God's living stones every blessing,

Men's Association



Our fortnightly meetings for the new session start on Tuesday 3rd. October. We start to gather from about 7pm for tea / coffee and chat. Our speaker gives a presentation from 7.30pm until approximately 8.15 pm and this is followed by further questions to the speaker from the "floor".

Our Committee members have organised what I think will be a very interesting and informative programme of speakers for the coming session. As always we offer a very warm welcome to members, friends and any members of the congregation who wish to attend any or all of our meetings.

Our programme for October is as follows:

Tuesday 3rd	Morag Reid "Jayne Haining"
Tuesday 17th	Gordon Hamilton "Barbados, Island in the Sun"
Tuesday 24th	Trip to Loch Katrine
Saturday 28th	Annual Coffee Morning with proceeds this year going to Leprosy Mission.
Tuesday 31st	Stewart McCara "Leprosy Mission"

Guild News

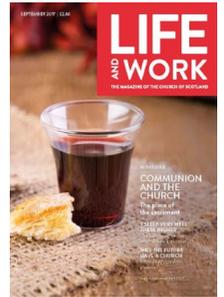
It's that time of year again, when all our favourite activities are starting up again, and the Guild is no different. We look forward to welcoming new members, as well as loyal supporters of past years.



Our programme for October is as follows:

Monday 2nd	Opening Night. Fine Fettle, an entertaining group of musical ladies.
Sunday 8th	Guild dedication service
Monday 9th	George Lind 'Feed the Minds'. This charity, which our Guild supports, seeks to help marginalised people, particularly women, in various communities.
Monday 16th	Marilyn Ure and Rhona Raeburn share their experiences with the Vine Trust.
Monday 23rd	Olivia Giles '500 Miles' an inspiring account of her life after the results of meningitis. This is an open night when women from other local churches join us.
Monday 30th	Morag Thow 'Osteoporosis and Bone Health'

LIFE AND WORK - October Edition



A Living Church

In the first of a three-part series, the Very Rev Dr John Chalmers outlines the case for reform amid the challenges of secularism

From Abandoned Baby to Damehood

Jackie Macadam hears about the life of author and charity worker Katharine Liston

New Charge Developments – Where Are They Now?

As two former new charge developments are elevated to full status this year, Thomas Baldwin looks at the impact of the NCD programme

Scotland's Reformation Town

The role of St Andrews in Reformation Day celebrations on October 31

The Abundance of God's Earth

The Rt Rev Dr Derek Browning reflects on the gifts of Harvest

'Christianity Has to do With Love'

Sandy Forsyth considers the impact of the mission and ministry of the Rev Tom Allan – the subject of a new book focussing on the minister and his peers

Journeying With God

The Rev Richard Baxter explains why decisions made on a journey also impact on others

Plus news, reviews, letters, registers and crosswords

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Dear Friends,

From 2016 the 11th of August has been designated as a public holiday in Japan – Mountain Day. This year Daniel and some friends thought it would be fun to climb Mount Fuji on Mountain Day. They set off to climb at night, hoping to reach the top in time for the sunrise which is said to be spectacular. Unfortunately the weather turned particularly nasty and they had to turn round at about 3,000m and climb back down the mountain! Mount Fuji is renowned for being quite unpredictable with its weather.

Japan has 16 public holidays. One reason they have so many is that a lot of Japanese workers don't feel able to take their annual holiday leave. Japanese people are entitled to 10-20 days off work a year. However, so few people take their holidays that the Government was considering a law to force people to take at least 5 days off a year!

In October there is a public holiday called "Health and Sports Day". This marks the day when the Tokyo Olympics opened in 1964. Japan has quite extreme weather with hot summers and cold winters, so the government chose October for the Olympics as being the time of year with the best weather for sports. The Rugby World Cup which Japan will host in 2019, will mainly take place in October that year.

Tokyo will host the Olympics again in 2020, but this time in the heat of the summer as commercial reasons mean the month cannot be easily changed. OMF in Japan is working with a group called The Ultimate Victory which seeks to reach people with the gospel through sports. Figures show that 70% of all Japanese are involved in either organised or individual sports, so this is a great opportunity. The Ultimate Victory group is planning to use the Rugby World Cup and the Olympics as a catalyst for different forms of outreach events.

With our younger two boys heavily involved in the football world in Japan, this is something of great interest to us. Please pray for this initiative and for many Japanese people as well as missionaries to have opportunities to share their faith through sport.

Thank you for your ongoing prayers and support.

*With our love,
Lorna, Daniel, Matthew, Calum and Alistair*

Book Group

The latest book we have been discussing is *When Breath becomes Air* by Paul Kalanithi. This autobiography was written by Paul when he was diagnosed with lung cancer and then a brain tumor. This is even more poignant when you read that Paul was a gifted neuro surgeon specialising in brain surgery and the relationship between doctor and patient took on a new meaning. The group found the book very brave, honest and moving and some of them have read it through twice.



Our next book is *The Children Act* by Ian McEwan and we are meeting on Tuesday 10 October at the usual time.

Joyce Clark

St Paul's Society Cards

Another great big thank you to the members of the congregation who continue to support us in buying the cards found in the Baldernock vestibule each Sunday. The cards are also purchased by some of the folks going to the lunch club as well as the mums etc. who bring their children to Noah's Ark. We are truly grateful to everyone who buys the cards and so far this year we have collected approx. £700. Along with this amount we have recently raised £200 in donations from a card sale that I attended at a charity event during the month. The money raised at that sale was passed onto The Beatson and Cancer Research which was the nominated charity for the event. During the month of October the theme for the month's cards will be 'words' and will include words, messages and passages on the front of most of the cards.

Thank you once again for all your support and watch this space to see where this year's money will be going.

Alex McEwan
St Pauls Society

Flower Donations - October

Mrs E C Watson,	Mrs S Collar,	Miss M B Hamilton,
Mrs G Morrison,	Miss A Niven,	Mrs D Stark,
St Paul's Guild,	Mrs J Townson,	Mrs E Grey,
The Cattanach family		



Please forward donations with your name and address to:

Mrs Marjorie Thoms, 66, Braeside Ave, Milngavie, G62 6NN or place in the flower guild pigeon hole at the back of the church. Cheques should be made payable to St. Paul's flowers.

BreakAway @ St. Paul's

Last September, before the launch of BreakAway @ St Paul's, some of our committee expressed some anxiety about what would be involved in setting up a dementia support group and rolling it out. Some mentioned that this outreach would be 'way out of their comfort zone!!' How do we do this? What would be expected of us? Almost a year on now and they shared how much they had learned, and how enjoyable the experience had been!

This outreach of course would not have been possible without the prayers, support and goodwill of so many in St Paul's. At our meeting in August, we were able to thank our volunteer befrienders for sharing their time and talents. Our members do enjoy coming to 'BKWY' with a sense of belonging now as they are welcomed at the door with smiles and laughter.

We have experimented with a variety of content and ideas in each programme matching personal history in reminiscence, developing group activities, such as bocchia, crafts, knitting and singing. We have poured gallons of coffee and tea and enjoyed the baking contributions. We have mixed colour, sound, texture, language and movement to create a living tapestry of happy memories!

We began small, with four members and we now have eight regular members and hope to welcome more in the next few months.

If you would like to know more about BreakAway and to help out there are different ways you can get involved. Please contact Peggy Barlow, Gabrielle Buchanan or any of our committee.

World Mission

Flooding in South Asia, and Hurricane Irma

Hurricanes Irma, Harvey, and now Maria have battered the southern coast of the United States as well as wreaking untold damage across the Caribbean. Many of the most heavily hit areas have not been heard from yet.

In South Asia, millions have been affected by flooding, and over a thousand people have been killed. We have received thanks from our partners, the United Mission to Nepal, for support which has meant that they have been able to distribute two weeks' food supply and essential non-food items to 5991 families. However, continued prayer and support is needed for our partners across South Asia as they seek to respond to the consequences of the flooding.

Christian Aid are also running a South Asia Floods appeal. Their partners are working on the ground to meet the needs of those affected by the floods.

Pray for those affected as they return to their homes, and start to rebuild.

Harvest Thanksgiving 2017

The wonderful display of posies, plants, flowers, fruit, vegetables and many types of food, provided much cheer on an otherwise dull September Sunday morning. I would like to take this opportunity to thank those who donated items, gave of their time and talents and of course the energy to decorate the church. Members of the congregation also delivered posies, plants, flowers and gifts as well as cards to our members. Food items were also delivered to the Salvation Army and Lodging House Mission.

Once again the girls of The Girl's Brigade donated and enthusiastically created, the beautiful pew posies which made the church so colourful. Well done girls, officers and willing helpers.

A special thank you must be given to the boys and girls of The Sunday Club and Bible Class for their donations and for designing the cards which are greatly appreciated by our members at home or in care.

The contribution to the OMF in memory of David Ferguson was £500 on the day with perhaps more to come.

Once again thanks to everyone involved in making the day such a success.

Elizabeth McEwan
Harvest Convenor

Church Of Scotland News

HRH The Princess Royal visits the Vine Trust medical ship in Peru

HRH The Princess Royal visited the village of Oran on the banks of the Amazon River in Peru to tour the Vine Trust's new, purpose-built medical ship, the MV Forth Hope. Her Royal Highness is patron of The Vine Trust charity.

The MV Forth Hope arrived in Peru at the beginning of September after a 42 day, 6786 mile delivery voyage from Scotland. Already in active service, this new vessel is Vine Trust's second medical ship in the region and will help provide 200,000 medical consultations each year to remote and isolated communities along the five river basins in the region.

A team of eight Peruvian health professionals will provide medical care aboard the ships thanks to a collaboration between Vine Trust and the Peruvian Ministry of Health. They will be assisted by overseas medical volunteers who visit the programme throughout the year, working alongside the national workers and sharing their knowledge, skills and expertise.